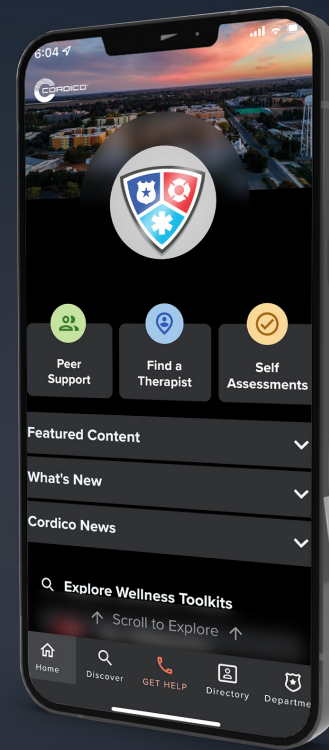




WELLNESS THAT WORKS

Confidential, Anonymous Support for Your Officers



Law enforcement has never been more challenging. Nationwide, officers overwhelmingly report job-related stress has affected their mental health—yet 90% of officers say cultural stigma creates a barrier to getting help for emotional or behavioral issues. Left unaddressed, stress can lead to destructive behaviors and poor decision-making, including excessive use of force.

Cordico's wellness solution addresses these challenges, providing officers and their family members with on-demand access to relevant, trusted and effective wellness resources—without collecting any personal information.

Our law enforcement wellness app offers a complete range of self-assessments as well as continuously updated videos and guides on more than 60 behavioral health topics—all designed specifically to help first responders develop healthy habits, strengthen personal relationships and improve resilience.

When you deploy Cordico in your agency, you will:

-  Connect your personnel to anonymous assessments & counseling resources
-  Strengthen your wellness culture & empower your peer support team
-  Support department retirees & family members (included with agency subscription)
-  Help officers cope with the effects of critical events & chronic exposure
-  Go beyond crisis response with physical, mental & lifestyle management resources
-  Improve officer decision-making, empathy & resiliency, which in turn enhances police/ community relations



Trusted, Tailored Behavioral Health Support

Cordico's wellness tools and self-assessments are designed to keep your personnel healthy and effective at work. Created by our clinical and scientific staff experienced in working with first responders, these resources are built for both prevention and treatment.

60+ Wellness Guides

- Substance Abuse
- Burnout
- Grief and Loss
- Family Support
- Financial Fitness
- Healthy Habits
- Posttraumatic Stress
- Suicide Prevention
- Fitness and Nutrition

Anonymous Self-Assessments

- Adult ADHD
- Alcohol Abuse
- Cordico Anger Scale
- Compassion Fatigue
- Posttraumatic Stress
- Resilience
- Cordico Sleep Test
- Perceived Stress
- Well-Being

AVAILABLE FEATURES

- Customized with your agency's badge and department resources
- Apple iOS and Android compatible
- Mobile one-touch calling to peer support
- Therapist finder
- Access to accredited wellness courses through Lexipol's PoliceOne Academy

LEADERSHIP & WELLNESS WITH JOCKO WILLINK & LEIF BABIN

Lexipol is excited to partner with Echelon Front to provide an exclusive video series demonstrating how to use world-class leadership principles to build and sustain your agency's culture of wellness. Available only through the Cordico app!



Put Your Agency at the Forefront of Wellness



"Cordico is connecting officers to innovative mental and behavioral health tools. Cordico's wellness app helps me take care of my officers. It will save lives."

Police Chief Neil H. Gang
Pinole (CA) Police Department
Chair, California Police Chiefs
Association Wellness Committee



"If you do one thing for your agency this year, get this app. It will show that employee wellness is a priority, you truly care, and you want to make the best tools and resources accessible to your officers 24/7."

Kimberly A. Miller, Ph.D.
Police Psychologist, Consultant, Coach & Trainer
National Sheriffs' Association Member &
Seminar Presenter