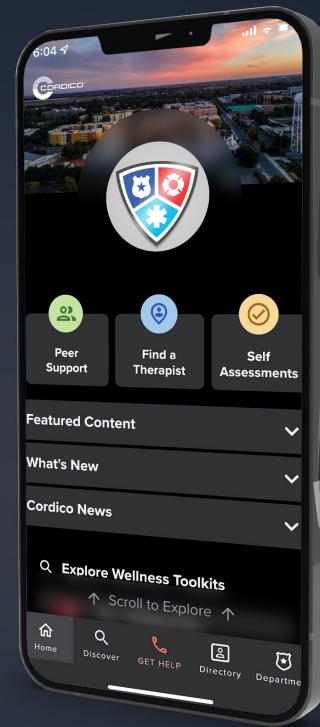




WELLNESS THAT WORKS

Confidential, Anonymous Support for Your Personnel



Across the country, personnel in high-risk industries—from law enforcement and fire/EMS to local government—endure the effects of constant stress and exposure to critical incidents. Cultural stigmas in these industries often prevent personnel from requesting help, and trusted resources are difficult to find. Left unaddressed, stress can lead to self-destructive behaviors, physical ailments and poor decision-making.

Lexipol’s Cordico wellness solution addresses these challenges, providing personnel in stressful occupations and their family members with on-demand access to confidential, relevant and effective wellness resources—without collecting any personal information.

The Cordico wellness app offers a complete range of self-assessments as well as continuously updated videos and guides on more than 60 behavioral health topics—all designed specifically to help personnel develop healthy habits, strengthen personal relationships and improve resilience.

When you deploy Cordico in your agency, you will:

-  Connect your personnel to anonymous assessments & counseling resources
-  Strengthen your wellness culture & empower your peer support team
-  Support retirees & family members (included with agency subscription)
-  Help employees cope with the effects of critical events & chronic exposure
-  Go beyond crisis response with physical, mental & lifestyle management resources
-  Improve personnel decision-making, empathy & resiliency, which in turn enhances customer service



Trusted, Tailored Behavioral Health Support

Cordico's wellness tools and self-assessments are designed to keep your personnel healthy and effective at work. Created by our clinical and scientific staff experienced in working with public safety professionals, these resources are built for both prevention and treatment.

60+ Wellness Guides

- Substance Abuse
- Burnout
- Grief and Loss
- Family Support
- Financial Fitness
- Healthy Habits
- Posttraumatic Stress
- Suicide Prevention
- Fitness and Nutrition

Anonymous Self-Assessments

- Adult ADHD
- Alcohol Abuse
- Cordico Anger Scale
- Compassion Fatigue
- Posttraumatic Stress
- Resilience
- Cordico Sleep Test
- Perceived Stress
- Well-Being

AVAILABLE FEATURES

- Customized with your organization's badge/logo and department resources
- Apple iOS and Android compatible
- Mobile one-touch calling to peer support
- Therapist finder
- Access to accredited wellness courses through Lexipol's online learning academies

LEADERSHIP & WELLNESS WITH JOCKO WILLINK & LEIF BABIN

Lexipol is excited to partner with Echelon Front to provide an exclusive video series demonstrating how to use world-class leadership principles to build and sustain your agency's culture of wellness. Available only through the Cordico app!



"Ensuring firefighters and other responders are emotionally prepared to take care of the public, when the public is having the worst day of their lives, is what keeps fire chiefs up at night. This unique and very affordable solution from Cordico benefits the firefighters, the responders, the public, and the community's leadership."

Deputy Chief Billy Goldfeder
Loveland-Symmes (OH) Fire Department



"If you do one thing for your agency this year, get this app. It will show that employee wellness is a priority, you truly care, and you want to make the best tools and resources accessible to your officers 24/7."

Kimberly A. Miller, Ph.D.
Police Psychologist, Consultant,
Coach & Trainer
National Sheriffs' Association Member &
Seminar Presenter