

COURSE CATALOG



A Lexipol Solution

844-312-9500

www.EMS1Academy.com

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ECHELON FRONT LEADERSHIP TRAINING SERIES

Through an exclusive partnership, Lexipol and Echelon Front have come together to create a six-part online leadership training series to provide public safety departments and individuals with practical tools and concepts for both new and seasoned leaders. This unique series focuses on the battleground-proven leadership concept of Extreme Ownership and applies that mindset to situations first responders can relate to. Throughout the courses, personnel will learn how the power of Extreme Ownership can make a positive impact at public safety agencies.



- 1H** Extreme Ownership Leadership Training
101: Believe with Jocko and Leif
- 1H** Extreme Ownership Leadership Training
102: Extreme Ownership with Jocko and Leif
- 1H** Extreme Ownership Leadership Training
103: Laws of Combat with Jocko and Leif
- 1H** Extreme Ownership Leadership Training
104: Mindsets for Victory with Jocko and Leif
- 1H** Extreme Ownership Leadership Training
105: The Dichotomy of Leadership with Jocko and Leif
- 1H** Extreme Ownership Leadership Training
106: Leading Up and Down the Chain of Command with Jocko and Leif



AIRWAY MANAGEMENT AND VENTILATION

- 3H** Advanced Airway: Intubation
- 1H** Airway 1
- 1H** Asthma (ALS)
- 1H** Asthma (BLS)
- 1H** Basic Airway Mastery
- 1H** Capnography for BLS: Getting Started with Capnography
- 1H** Capnography for Respiratory Distress (ALS)
- 1H** Capnography for Respiratory Distress (BLS)
- 1H** Carbon Monoxide Poisoning (ALS)
- 1H** Carbon Monoxide Poisoning (BLS)
- 1H** CHF Vs. COPD (ALS)
- 1H** CHF Vs. COPD (BLS)
- 1H** Dyspnea (ALS)
- 1H** Dyspnea (BLS)
- 1H** Electrical Injuries (ALS)
- 2H** Pediatric Airway Management for the ALS Provider – **NEW!**
- 1H** Pediatric Airway Management for the BLS Provider – **NEW!**
- 1H** Pediatric Respiratory Emergencies (ALS)
- 1H** Pediatric Respiratory Emergencies (BLS)
- 1H** Pediatric Shortness of Breath (ALS)
- 1H** Pediatric Shortness of Breath (BLS)
- 1H** Pregnancy and Dyspnea (ALS)
- 1H** Pregnancy and Dyspnea (BLS)
- 2H** Respiratory
- 1H** Toxic Inhalations (ALS)
- 1H** Toxic Inhalations (BLS)
- 1H** Wheezing (ALS)
- 1H** Wheezing (BLS)

CARDIOLOGY

- 3H** 12-Lead EKG – **UPDATED!**
- 2H** A Review of Cardiovascular Anatomy and Physiology (ALS) – **NEW!**
- 2H** A Review of Cardiovascular Anatomy and Physiology (BLS) – **NEW!**
- 1H** Abdominal Aortic Aneurysm (ALS)
- 1H** Acute MI and STEMI (ALS) – **UPDATED!**
- 1H** Acute MI and STEMI (BLS) – **UPDATED!**
- 1H** Chest Pain (ALS)
- 1H** Chest Pain (BLS)
- 1H** Chest Pain: Recognition and Treatment (ALS) – **NEW!**
- 1H** Chest Pain: Recognition and Treatment (BLS) – **NEW!**
- 1H** Considerations for Pediatric Cardiac Arrest
- 1H** Current Trends in Stroke Care
- 8H** eACLS Re-certification
- 1H** Myocardial Infarction (ALS)
- 1H** Myocardial Infarction (BLS)
- 1H** Pediatric Chest Pain (ALS)
- 1H** Pediatric Chest Pain (BLS)
- 1H** Pit Crew CPR (ALS)
- 1H** Pit Crew CPR (BLS)
- 1.5H** Return of Spontaneous Circulation (ALS) – **NEW!**
- 1.5H** Return of Spontaneous Circulation (BLS) – **NEW!**
- 1H** Stroke (ALS) – **UPDATED!**
- 1H** Stroke (BLS) – **UPDATED!**
- 1H** Sudden Infant Death Syndrome (SIDS) (ALS)
- 1H** Sudden Infant Death Syndrome (SIDS) (BLS)

- 1H** Techniques for Improving the Effectiveness of Your Chest Compressions
- 1H** Ventricular Assist Devices: Assessment and Treatment Considerations (ALS) – **UPDATED!**
- 1H** Ventricular Assist Devices: Assessment and Treatment Considerations (BLS) – **UPDATED!**

EMS LEADERSHIP

- 2H** Being an Authentic Leader – **NEW!**
- 1.5H** Leading a Safe and High Performing Ambulance Team
- 1H** Selecting the Proper Personnel - Ability and Attitude
- 1H** The Culture of Ambulance Safety

EMS OPERATIONS AND MANAGEMENT

- 1H** Sexual Harassment Prevention - EMS

EVOC-FIRE/EMS

- 1H** Driving Safety for First Responders

GENERAL HEALTH AND WELLNESS

- 1H** Dealing with Stress
- 1H** Diabetic Emergencies
- 1H** High Blood Pressure – Reducing Your Risks
- 1H** Human Trafficking 101 – **NEW!**
- 1H** Managing Your Healthcare
- 1H** Sleep and Your Health

- 1H** Smoking Cessation
- 1H** Tourette Syndrome and Other Neurological Disorders
- 1H** Understanding Anxiety Disorders, OCD, and PTSD
- 1H** Understanding Autism Spectrum Disorder
- 1H** Understanding Behavior, Burnout, and Depression
- 1H** Understanding Carpal Tunnel Syndrome
- 1H** Understanding Depression and Bipolar Disorder
- 1H** Understanding Eating Disorders
- 1H** Understanding Prediabetes
- 1H** Walking Your Way to Fitness

GENERAL HUMAN RESOURCES

- 1H** Acoso Sexual en el Lugar de Empleo
- 2H** Acoso Sexual para Gerentes
- 1H** ADA Compliance in Business
- 1H** Anti-Harassment in the Workplace
- 1H** Dealing with Angry Employees
- 1H** Dealing with the Media
- 1H** Diversity in the Workplace
- 1H** Drug and Alcohol Awareness
- 1H** Family and Medical Leave Act (FMLA)
- 1H** FMLA Training for Supervisors
- 1H** Form I-9 and Employment Eligibility Verification
- 1H** HR Recruitment and Selection Process
- 1H** Managing a Remote Workforce
- 1H** Personnel Record Retention (Federal Standards)
- 2H** Reasonable Suspicion Training for Supervisors
- 1H** Recognizing Child Abuse
- 2H** Recognizing Domestic Violence

- 2H** Risks of Social Media in the Workplace
- 2H** Sexual Harassment Awareness AB 1825 (California)
- 2H** Sexual Harassment for Managers
- 1H** Sexual Harassment in the Workplace
- 1H** Sexual Harassment in the Workplace AB 1825 (California)
- 1H** Violence in the Workplace
- 1H** Workers' Compensation: Sprain and Strain Injury Prevention
- 1H** Workplace Bullying

GENERAL MANAGEMENT SKILLS

- 1H** Business Continuity
- 1H** Conflict and Dispute Resolution
- 1H** Parliamentary Procedures
- 1H** Press Conference and Briefing Basics
- 1H** Running an Effective Board Meeting
- 1H** Training for Small Communities

GENERAL PROFESSIONAL SKILLS

- 1H** An Introduction to Requests for Proposal
- 1H** Basic Math Concepts
- 1H** Basic Telephone Skills
- 1H** Business Writing Basics
- 1H** Career Professionalism
- 1H** Cybersecurity Incident Response – **NEW!**
- 1H** Developing Effective Communication Skills
- 1H** Developing Leadership
- 1H** Effective Presentation Basics
- 1H** Emotional Intelligence for Leaders
- 1H** Employee Recognition
- 1H** Employee Retention

- 1H** Enhancing Work Relationships
- 1H** Finance 101 for Non-Financial Managers
- 1H** Generational Differences – **NEW!**
- 1H** Goal Setting Skills
- 1H** Interviewing Skills for Managers: Conducting an Interview
- 1H** Leadership v. Management
- 1H** Managing Risk in an Aging Workforce
- 1H** Meeting Management
- 1H** Navigating the Work Environment
- 1H** Performance Management
- 1H** Providing Effective Onboarding
- 1H** Retaining Talent
- 1H** Science of Employee Engagement
- 1H** Shaping an Ethical Workplace Culture
- 1H** Skills for the New Trainer
- 1H** Supervisor Skills
- 1H** The Aging Workforce: Leveraging the Talents of Mature Employees
- 1H** Time Management Skills
- 1H** Transition from Peer to Supervisor
- 1H** Workplace Stress Resiliency

GENERAL SAFETY/ COMPLIANCE

- 1H** Absorbents and Spills
- 1H** Active Shooter – **NEW!**
- 1H** Advanced Defensive Driving Techniques
- 1H** Airborne and Bloodborne Pathogens
- 1H** Back Injuries
- 2H** Basic First Aid
- 1H** Bloodborne Pathogens for Public Entities
- 1H** Computer Security Basics
- 1H** Confined Spaces 101
- 1H** Confined Spaces 102
- 1H** Crisis Management

- 1H** Dealing with Cold Stress
- 1H** Dealing with Heat Stress
- 1H** Defensive Driving Basics
- 1H** Electrical and Fire Safety
- 1H** Emergency Preparation and Egress – **NEW!**
- 1H** Equipment Safety
- 1H** Fall Protection
- 30M** FEMA Benefit-Cost Analysis Fundamentals
- 1H** FEMA Emergency Support Function #6: Mass Care, Emergency Assistance, Housing, and Human Services
- 4H** FEMA Fundamentals of Emergency Management
- 2H** FEMA Fundamentals of Risk Management
- 2H** FEMA Integrated Public Alert and Warning System (IPAWS) for Alerting Authorities
- 2H** FEMA Introduction to Homeland Security Planning
- 2H** FEMA Social Media in Emergency Management
- 1H** FEMA Surveillance Awareness: What You Can Do?
- 2H** FEMA The Role of Voluntary Organizations in Emergency Management
- 1H** FEMA Wildfire Mitigation Basics
- 1H** Global SDS and the Hazardous Communication Standards
- 1H** Hazmat First Responder Awareness (FRA) – **UPDATED!**
- 2H** Highway Incident Safety Guidelines for Emergency Responders
- 1H** HIPAA: Protected Health Information For Public Entities
- 2H** ICS-100c: Introduction to the Incident Command System

- 1H** Ladder Safety
- 1H** Lockout/Tagout 101
- 1H** Lockout/Tagout 102
- 1H** Means of Egress
- 1H** OSHA Safety Audits and State Plans – **NEW!**
- 1H** Personal Protective Equipment
- 1H** Preventing Accidents in the Workplace
- 1H** Preventing Slips, Trips, and Falls
- 1H** Public Employee Safety in the Community
- 30M** Respirators and Air Quality
- 1H** Safeguarding Your Community from Terrorism
- 1H** Situational Awareness for First Responders in Mass Casualty Incidents (MCI) – **NEW!**
- 1H** Workplace Ergonomics

MASS CASUALTY INCIDENTS FOR EMS

- 3.5H** FEMA IS-0700.b An Introduction to the National Incident Management System
- 3H** IS-800.D: National Response Framework, An Introduction

MEDICAL

- 2H** A Review of Cardiovascular Anatomy and Physiology (BLS)
- 1H** Abdominal Aortic Aneurysm (BLS)
- 1H** Acute Psychosis (ALS)
- 1H** Acute Psychosis (BLS)
- 1H** Alcohol-Related Emergencies (ALS)
- 1H** Alcohol-Related Emergencies (BLS)
- 1H** Alternative Drugs of Abuse (ALS)
- 1H** Alternative Drugs of Abuse (BLS)

1H	Altitude Illness (ALS)	1H	Hyperthermic Patient (BLS)
1H	Altitude Illness (BLS)	1H	Hypothermic Patient (ALS)
1H	Anaphylaxis (ALS) – UPDATED!	1H	Hypothermic Patient (BLS)
1H	Anaphylaxis (BLS) – UPDATED!	1H	Infectious and Communicable Diseases (ALS)
1H	Anticholinergic Overdose (ALS)	1H	Infectious and Communicable Diseases (BLS)
1H	Anticholinergic Overdose (BLS)	1H	Kidney Disease (ALS)
1H	Back Pain/Injuries (ALS) – UPDATED!	1H	Kidney Disease (BLS)
1H	Back Pain/Injuries (BLS) – UPDATED!	1H	Liver Disease (ALS)
2H	Basic Life Support for the Healthcare Provider – NEW!	1H	Liver Disease (BLS)
1H	Body Piercing (ALS)	1H	Medical
1H	Body Piercing (BLS)	1H	Medication-Resistant Pathogens (MRSA, TB, VRE, C.Diff)
1H	Burns (ALS)	1H	Methamphetamine Abuse (ALS)
1H	Burns (BLS)	1H	Methamphetamine Abuse (BLS)
1H	Child Abuse (BLS)	1H	Naloxone, Epinephrine, and Glucometry
1H	Club Drugs (ALS)	1H	Narcotic Abuse (ALS)
1H	Club Drugs (BLS)	1H	Narcotic Abuse (BLS)
1H	Dehydration (ALS)	2H	Patient Pain Management (ALS) – NEW!
1H	Dehydration (BLS)	1.5H	Patient Pain Management (BLS) – NEW!
1H	Determination of Death (ALS)	2H	Responding to Severely Agitated Patients (ALS) – NEW!
1H	Determination of Death (BLS)	2H	Responding to Severely Agitated Patients (BLS) – NEW!
1H	Diving Emergencies (ALS)	1H	Safe and Effective Pain Management (ALS)
1H	Diving Emergencies (BLS)	1H	Safe and Effective Pain Management (BLS)
1H	Drowning (ALS) – UPDATED!	1H	Seizures (ALS)
1H	Drowning (BLS) – UPDATED!	1H	Seizures (BLS)
1H	Electrical Injuries (ALS) – UPDATED!	1H	Sepsis (ALS) – UPDATED!
1H	Electrical Injuries (BLS) – UPDATED!	1H	Sepsis (BLS) – UPDATED!
1H	Endocrinology of Diabetes and its Emergencies (ALS) – NEW!	1H	Shock and Resuscitation (ALS) – NEW!
1H	Endocrinology of Diabetes and its Emergencies (BLS) – NEW!	1H	Shock and Resuscitation (BLS) – NEW!
1H	Gastrointestinal Bleeding (ALS)	1H	Sickle Cell Crisis (ALS)
1H	Gastrointestinal Bleeding (BLS)	1H	Sickle Cell Crisis (BLS)
1H	Headaches (ALS)	1H	Snakebites and Stings (ALS)
1H	Headaches (BLS)	1H	Snakebites and Stings (BLS)
1H	HIV/AIDS		
1H	Hyperthermic Patient (ALS)		

- 1H Stabbings (ALS)
- 1H Stabbings (BLS)
- 1H What Would You Do?

OBSTETRICS

- 2H Obstetrics (ALS) – **NEW!**
- 2H Obstetrics (BLS) – **NEW!**
- 1H Obstetrics

OPERATIONS

- 3H Ambulance EVOC – **NEW!**
- 1H Ambulance Safety and Design
- 1H Customer Service
- 1H Customer Service (ALS)
- 1H Customer Service (BLS)
- 1H Distracted Driving for First Responders – **NEW!**
- 1H Emergency Operations EMS1
- 1H Emergency Vehicle Driving Dynamics
- 1H Emergency Vehicle Driving Requirements
- 1H Emergency Vehicle Driving Techniques
- 1H EMS Crew Resource Management
- 1H EMS Lawsuits - Documentation/Patient Refusals (ALS)
- 1H EMS Lawsuits - Documentation/Patient Refusals (BLS)
- 1H EMS Research
- 1H EMS Response to Active Shooter Incidents (ALS)
- 1H EMS Response to Active Shooter Incidents (BLS)
- 1H Environmental
- 1H Evidence-based Guidelines for EMS Providers

- 1H Foundations in Ethics for EMS – **NEW!**
- 1H Hepatitis and Job-Related Infectious Disease Concerns (ALS)
- 1H Hepatitis and Job-Related Infectious Disease Concerns (BLS)
- 1H Introduction to Critical Care Transport (CCT) – **NEW!**
- 2H Legal
- 1H Lights and Sirens: Deadly Epidemic
- 1H Managing Chronic Care Patients (ALS)
- 1H Managing Chronic Care Patients (BLS)
- 1H Medication Errors (ALS)
- 1H Medication Errors (BLS)
- 1H Operations EMS1
- 1H Patient Assessment and Exam
- 1H Patient Communication During Disasters (ALS)
- 1H Patient Communication During Disasters (BLS)
- 2H Preparing for the EMS Texas Jurisprudence Exam
- 1H Safe Transport of the Pediatric Patient (ALS)
- 1H Safe Transport of the Pediatric Patient (BLS)
- 1H Scene Safety at MCI (ALS)
- 1H Scene Safety at MCI (BLS)
- 1H Six Core Elements of the EMS Culture of Safety
- 1H The Art of Patient Refusal (ALS)
- 1H The Art of Patient Refusal (BLS)
- 1H Triage (ALS)
- 1H Triage (BLS)

PATIENT HANDLING

1H Human Trafficking 101

PEDIATRICS

1H Children with Complex Medical Conditions
1H Managing the Pediatric Arrest (ALS) – **UPDATED!**
1H Managing the Pediatric Arrest (BLS) – **UPDATED!**
1H Pediatric Abdominal Trauma (ALS)
1H Pediatric Abdominal Trauma (BLS)
1H Pediatric Burns (ALS)
1H Pediatric Burns (BLS)
1H Pediatric Emergencies (ALS) – **UPDATED!**
1H Pediatric Emergencies (BLS) – **UPDATED!**
1H Pediatric Falls (ALS)
1H Pediatric Falls (BLS)
1H Pediatric Head Trauma (ALS)
1H Pediatric Head Trauma (BLS)
1H Pediatric Overdose (ALS)
1H Pediatric Overdose (BLS)
1H Pediatric Seizures (ALS)
1H Pediatric Seizures (BLS)
1H Pediatric Shock (ALS)
1H Pediatric Shock (BLS)
1H Pediatric Spinal Injuries (ALS)
1H Pediatric Spinal Injuries (BLS)
1H Pediatric Trauma (ALS) – **NEW!**
1H Pediatric Trauma (BLS) – **NEW!**
1H Pediatric Altered Mental Status (ALS)
1H Pediatric Altered Mental Status (BLS)
1H Pediatric Toxic Ingestion (ALS)
1H Pediatric Toxic Ingestion (BLS)

PRODUCTS AND TECHNOLOGIES FOR EMS

1H Body Armor and the Changing Landscape of Public Safety

PROVIDER WELL-BEING

1H Building Financial Strength in First Responder Families – **UPDATED!**
1H Provider Well-Being

REMEMBER 2 THINGS

1H Radio Communications for EMS

SPECIAL CONSIDERATIONS

1H Altered Mental Status in the Elderly (ALS)
1H Altered Mental Status in the Elderly (BLS)
1H Child Abuse (ALS)
1H Dementia and Prehospital Implications (ALS)
1H Dementia and Prehospital Implications (BLS)
1H Depression/Suicide (ALS)
1H Depression/Suicide (BLS)
1H DNR (ALS)
1H DNR (BLS)
1H Elder Abuse (ALS)
1H Elder Abuse (BLS)
1H Elderly Falls (ALS)
1H Elderly Falls (BLS)
1H Elderly Hip Fracture (ALS)
1H Elderly Hip Fracture (BLS)
1H LGBTQIA+ Awareness for Medical Providers – **NEW!**

- 1H Radiation Injuries (ALS)
- 1H Radiation Injuries (BLS)
- 1H The Obese Patient (ALS)
- 1H The Obese Patient (BLS)

TACTICAL MEDICINE

- 1H Disaster Operations
- 1H Disaster Response for EMS
- 1H Stop the Bleed for EMS Personnel – **NEW!**

TRAUMA

- 1H Abdominal Trauma (ALS) – **UPDATED!**
- 1H Abdominal Trauma (BLS) – **UPDATED!**
- 1H Amputation and Hemorrhage Control (ALS)
- 1H Amputation and Hemorrhage Control (BLS)
- 1H Animal Bites (ALS)
- 1H Animal Bites (BLS)
- 1H Blast Injuries (ALS)
- 1H Blast Injuries (BLS)
- 1H Chest Trauma (ALS)
- 1H Chest Trauma (BLS)
- 1H Eye Injuries (ALS)
- 1H Eye Injuries (BLS)
- 1H Facial Trauma (ALS)
- 1H Facial Trauma (BLS)
- 1H Head Injuries (ALS)
- 1H Head Injuries (BLS)
- 1H Penetrating Neck Trauma (ALS)
- 1H Penetrating Neck Trauma (BLS)
- 1H Pregnancy and Trauma (ALS)
- 1H Pregnancy and Trauma (BLS)
- 1H Spinal Injuries (ALS)
- 1H Spinal Injuries (BLS)
- 1H Spinal Motion Restriction (ALS)
- 1H Spinal Motion Restriction (BLS)

- 1.5H Trauma EMS1
- 1H Treating Neck and Spinal Injuries (ALS)
- 1H Treating Neck and Spinal Injuries (BLS)
- 1H Traumatic Brain Injuries (ALS) – **NEW!**
- 1H Traumatic Brain Injuries (BLS) – **NEW!**

